

Fancy a girls night out?



St. Richard's
Hospice
CARING FOR LIFE



Midnight Walk

Sponsored by



Saturday July 10th 2010
(Midnight onwards)



Take to the streets of Worcester for the
3rd Annual St. Richard's Hospice Midnight Walk.
Grab your girl friends, dress up and have fun!



We encourage participants to dress up
**Be Bright
 It's Night**
 Prizes for Best Dressed Team and Best Dressed Individual

Calling All Women!

Please get your friends, family and colleagues together and join us for a night out with a difference!

Starting and finishing at County Hall, Worcester, this ladies only 10 mile sponsored walk, starting at midnight, will raise money for St. Richard's Hospice to support our services in the community.

The registration fee is just £10 OR £15 with a pre-order for breakfast.

Walkers are requested to collect sponsorship.

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Calling All Men!

Any guys out there who can help us marshal the course, lend a hand with registrations or assist with health and safety, we would really love to hear from you. Please call Fundraising on 01905 763963 or email appeals@strichards.org.uk



St Richard's Hospice provides free specialist palliative care for patients living with cancer and other life-threatening illnesses and supports their families. Each year the hospice team supports over 2,100 patients and family members in Worcestershire. Patients are cared for in Day Hospice, the 16-bed In-patient Unit or in their own homes by a specialist professional team as well as many trained volunteers. In the In-patient Unit specialist staff are on hand 24 hours a day to manage patients' symptoms and where, if they so choose, patients may spend the last few days of life in comfort and dignity. St Richard's is grateful for all donations towards the £4.8m they need to raise this year to continue their work.

For more information please visit www.strichards.org.uk

One form per person please – forms can be downloaded at
www.strichards.org.uk/midnightwalk www.hewett-recruitment.co.uk/midnightwalk

**PLEASE READ THE IMPORTANT NOTES ON THE REVERSE OF
THIS LEAFLET BEFORE COMPLETING THE ENTRY FORM.**

First Name _____ Surname _____

Address _____

_____ Postcode _____

Mobile / contact number _____

Email _____

I am walking as: An individual A Team member (please tick)

Team name _____

If you do not wish to receive correspondence from St Richard's hospice please tick

If you do not wish to receive e-mail updates from St Richard's hospice please tick

I enclose a cheque for £10 payable to St. Richard's Hospice. (please tick)

OR

I enclose a cheque for £15 payable to St Richards Hospice

to include a pre-ordered Breakfast * (please tick)

*pre-ordered breakfast includes: Hot drink before the walk – tea or filter coffee. Bacon OR Field Mushroom sandwich on completion of the walk with a second hot drink as above.

Bacon OR Field Mushroom (please tick)



The Orchard Café will serve a breakfast menu which you can purchase on your return from the walk. However, priority will be given to pre-orders.

Conditions of entry – I understand this is a walk, not a race, and that I will be walking on public footpaths at night, which is potentially hazardous. I confirm I am over 16 years of age and have no known health problems which prevent me from taking part in the walk. I confirm I have read the conditions of entry on the reverse of this form. I am aware that St. Richard's Hospice staff and volunteers have taken all reasonable precautions to ensure my safety on the walk but accept no further liability.

GIFT AID – We can claim Gift Aid tax relief of 25p on every pound you give and HMRC will also be operating transitional provisions for Gift Aid donations made from 6 April 2008 until 5 April 2011, paying a Government supplement of 3p on every pound you give. To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount that the charity will reclaim on the donation. We will treat all donations that you have made for the four years prior to this year and all donations you make in the future, until you notify us otherwise, as Gift Aid donations.

Signed _____ Date _____

Please return to:

Midnight Walk, St Richard's Hospice, Wildwood Drive, Worcester, WR5 2QT

Full event details will be sent within 14 days of receipt.

Further information available at www.strichards.org.uk/midnightwalk

www.hewett-recruitment.co.uk/midnightwalk

Registered charity No. 515668



Places limited – so please don't delay, send today



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Important notes

You must register for this event by completing the entry form.

One form must be completed for each walker (photocopies are acceptable).

If you are entering as a team, each member must complete a form and it is suggested that all team members forms are submitted together.

Your place is not transferable. If you have been offered a place but can no longer take part, please advise the fundraising team at St. Richard's Hospice.

Entry forms must be returned by Friday, July 2nd.

Places are limited so it is advisable to return this form ASAP. Entries will be processed in the order received.

The walk costs £10 to enter or £15 with pre-ordered breakfast. Please make cheques payable to St. Richard's Hospice. Do not send cash in the post. This registration fee covers all administration expenses and is non-refundable.

Your walking number, sponsor form, route map, Health & Safety notices and walk instructions will be issued on receipt of your registration form. Please allow 14 days for delivery.

This walk relies on sponsorship to be successful.

The Midnight Walk is NOT a race. Walkers are not allowed to run or jog.

You must be 18 years of age or over to participate alone.

11-18 years must be accompanied by an adult.

Further information available online at

www.strichards.org.uk/midnightwalk
www.hewett-recruitment.co.uk/midnightwalk

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